

# CLIFF DRIVE CARE CENTER

## JANUARY NEWSLETTER

### Dates to Remember

**January 15th:** Martin Luther King Jr. Day : Elementary Schools Closed  
CDCC OPEN

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### **January 15th | CDCC OPEN for Martin Luther King Jr. Day**

Elementary schools are closed on Monday, January 15th. If you would like your school-age child to attend our full-day program, please message us on Brightwheel.

### **Worship with Free Methodist Church**

Did you know that Cliff Drive Care Center is a ministry of the Free Methodist Church? We've been in ministry for 60 years now, serving the community of Santa Barbara. We always hope to bridge the gap between CDCC and FMC, and one way we do that is by worshipping together.

You are welcome to join us every Sunday. The church services are 8:30 and 10:15am with the nursery, FM Kids, and FM Youth at the 10:15am service. Get connected with other families through the Connecting Families Group that meets down at the playground with pizza after the 10:15am service. We hope to see you there!

### **Dressing for Winter**

As you know, during the winter/spring months in Santa Barbara, we can experience a whole spectrum of weather within one day. Because of this, we ask that you dress your child in layers each day. You are also welcome to leave jackets and long sleeve shirts in their cubby box for their teacher to access when needed. To help ensure that you get all the clothing back, please label your child's clothes. Thanks!

### **Sickness Policy**

Common colds and flus that we normally see this time of year are out in full force, alongside viruses such as COVID-19 and RSV. While we realize it can be incredibly frustrating, we are mandated by Community Care Licensing to send children home with symptoms such as runny noses, coughs, and fevers. If your child becomes sick or is sent home from school, there are a couple of ways they can return, depending on the symptoms and diagnosis. If your child has a fever, they can return after being fever-free for 24hrs without medicine. With stomach symptoms, your child can return after 24 hours without loose bowel movements or vomiting. If your child does have symptoms that could be COVID-19 (or allergies, a cold, or other respiratory illness), your child can return with a Dr.'s note, a negative COVID test, or after 5 days at home and their symptoms are resolving. Even if your child does not have COVID but only has a cold or other respiratory illness, please be respectful of the other children in the class and keep your child home until their symptoms are resolving, so they do not spread the illness to others.

Please be in communication with us regarding your child's illness, so we can best track the illnesses going around and keep all of our students as safe and healthy as possible. Thank you!

January  
School Themes:  
Winter  
Hybernation  
Martin Luther King Jr.

## Chapel at CDCC

Cliff Drive children gather every Wednesday to sing songs and hear a story from the Bible.

For chapel we are learning about:

January 3rd: "PEACE for All" from Isaiah 65:17-25

January 10th: "PEACE With Yourself" from Mark 4:35-41

January 17th: "PEACE with Others" from Genesis 15

January 24th: PATIENCE "Waiting in the Ark over 40 Days" From Genesis 8:6-12

January 31st: PATIENCE "The Temptation of Jesus" from Luke 4

# DEVOTIONAL

January is often a time of making resolutions and hoping for new beginnings, but we also hear that so many resolutions only last a few weeks. Perhaps more important than big resolutions are the small decisions and habits we form in our day-to-day activities.

We get up in the morning, make breakfast, get children dressed, make lunches, and hopefully get everyone out the door on time. We go through the mundane tasks one by one, often repeating the same activities every day, if not several times per day.

What small decisions can we make each day that form us and our families in significant ways over time? How would our lives look different if we dedicated 5 minutes every day to make sure our families know they are loved? Something as simple as seeing the alarm 5 minutes earlier and taking the time to tell our children, "Good morning! I love you!" as they sit down for breakfast or are gotten out of bed or as brief as a 5 minute check in at dinner if what was good and bad about each person's day can strengthen those relationships over the days and weeks. They can help each person know they are loved and cared for.

What would your life look like in December if you made a small change this January instead of a huge resolution? How would these small habits form your character and shape your family and relationships? These January days of small activities are important. They are important for the ways they physically and emotionally help our children grown and develop, and for the ways they transform our lives. As you go about the small activities of life this January, may you see the way small actions make a difference.

Pastor Danielle

## A Letter from the Director

Hi Cliff Drive Families!

I hope you all had a wonderful, fun, and relaxing holiday season as we celebrated the birth of Jesus Christ! This is my favorite time of year as it always serves as such a humbling reminder of all the blessings we have. I also love the sweater weather. It has been such a busy and fun time at Cliff Drive. I want to thank you all for all the love and support for the annual Children's Program! What a beautiful night and all the children and teachers did such a phenomenal job in their performance. It was so beautiful to see all their hard work come to fruition for the show; such a fun night! We also held our first ever Winter Camp in our afterschool program! The children took a couple of field trips and also did activities here on campus. It was so much fun to see some of the alumni back as well. We have a lot in store for the month of January. Your children will learn about hibernation, weather, winter, and, a personal favorite of learning about who Martin Luther King Jr. was and what he did.

As the school year continues on I get to watch these teachers create such special bonds with each child. I see the love and trust grow, I see your children grow in confidence and in friendship. It's a beautiful thing to see each day. I want to remind all of you that I have an open door policy. If you have any questions, comments, concerns or need anything at all please don't hesitate to reach out. Thank you all for being a part of our Cliff Drive family.

With Love,  
Miss Delanie  
Director

